



MONTHLY SMILE CHART

1	2	3	4	5	6	7

To keep your choppers looking awesome,

8	9	10	11	12	13	14

Brush them twice a day

15	16	17	18	19	20	21

and floss them!

22	23	24	25	26	27	28



Instructions: Color the item in the box each day that you brush and floss.

